## Bharathanatyam

My years with the Bharathanatyam program at YICG has been a very fulfilling and enjoyable experience. In addition to being in the most advanced Bharathanatyam class at YICG, I am a student of classical ballet, theatre dance, and other contemporary styles of dance. The roots of many of these modern forms of dance lie in Bharathanatyam's classical foundation, making it an essential study for dancers. Through personal experience, I can confirm the value of studying Bharathanatyam in conjunction with other styles of dance, and the many benefits it brings. At YICG, a Bharathanatyam student is able to gain experience in both the technical and performance aspects of the dance, with the opportunity to share each year's work at annual Kalanjalis. The teacher herself is a dancer of many international styles and provides insight into the life of a dancer and the applications of Bharathanatyam to other performing arts. In my beginning years of Baharathanatyam, the class helped me make a lot of friends in the YICG community and introduced me to a life on stage.

Saniya Gaitonde Grade IX – Vedic 6